

U.S. MARTIAL ARTS TRAINING CENTER

HOUSE OF PAYNE, INC.



(210) 666-CHOP (2467)

usmatc.com



CLASS	MON	TUE	WED	THUR	FRI	SAT
LIL DRAGON 4-6	3:30-4:00 PM	5:45-6:15 PM	3:30-4:00 PM	5:45-6:15 PM	4:00-4:30 PM	
BEG 7-10	5:00-5:45 PM	4:15-5:00 PM	5:00-5:45 PM	4:15-5:00 PM	4:30-5:15 PM	
INT 7-10	7:15-8:00 PM	5:00-5:45 PM	7:15-8:00 PM	5:00-5:45 PM	4:30-5:15 PM	
ADV 7-10	4:15-5:00 PM	6:30-7:15 PM	4:15-5:00 PM	6:30-7:15 PM	4:30-5:15 PM	
TEENS/ ADULTS	6:30-7:15 PM	7:30-8:15 PM	6:30-7:15 PM	7:30-8:15 PM	5:30-6:15 PM	
WOMEN'S TKD		8:15-9:15 PM		8:15-9:15 PM		
LEADERSHIP	5:45-6:30					
BLACK BELTS ONLY					6:15-7:15 PM	
JUDO Teens/Adults	8:15-9:15 PM		8:15-9:15 PM			11:00AM- 1:00PM
JUDO KIDS 9-12			5:45-6:30 PM			10:00- 10:45AM

Taekwondo Classes: Students are required to attend at least twice per week on average to be eligible for stripe testing and belt exams. Mon-Thur are regular TKD curriculum, Fridays are considered Fun Fridays.